

London North Kent Intergroup of Alcoholics Anonymous
Minutes of the meeting held on Wednesday 1st May 2024 at 8pm
Venue: Salvation Army, Ethelbert Road, Bromley

1. Welcome, introductions, apologies etc

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

In Attendance

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday
Malcolm M – LNKIG Vice Chair
Ros – LNKIG Secretary
Nick P – LNKIG ELO/GSR Dartford Tuesday
Peter M – GSR Keston Saturday/Keston Wednesday 6pm
Bill G – GSR Sunday Burnt Ash
Natasha – GSR Beckenham Wednesday
Dave N – GSR Gravel Road Wednesday
Rob T – LNKIG ECLO/GSR Bromley Common Wednesday Lunchtime Chip
Sian – GSR Monday Keston Meditation
Peter BG – GSR Welling Wednesday
Theresa B – GSR Orpington Saturday Evening
Warren – GSR Bromley CGL Monday Evening
Ian The Hat – GSR Hayes Online Sunday
Jacky – GSR Friday Salvation Army
Gina – YPLO
Anna – Petts Wood Friday

Apologies

Alan N – LNKIG Treasurer/GSR Orpington Mon
Tracy – GSR Petts Wood Monday
Graham P – GSR Orpington Sunday
Claire C – GSR Bethlem Thursday
Frank C – LNKIG Share Magazine Liaison
Essie – LNKIG Probation Liaison Officer
Annie – LNKIG TLO/ GSR Thursday Hayes Step
Sue – Beckenham Thursday
Francis – GSR Monday Lunchtime Salvation Army
Ian G – GSR Sidcup Wednesday Night
Martin – Bromley Saturday Lunchtime
Al – Chislehurst 12&12 Thursday

Not in attendance

Gemma – GSR Beckenham Friday

Jill H – GSR Sidcup Wednesday Women’s Meeting
Patricia M – GSR Sidcup Sunday

Preamble – read by Vic

Silence for the still suffering alcoholic

Introductions of New GSRs

Sian was introduced as new GSR for Keston Monday Meditation, Anna as GSR for Petts Wood Friday, and Warren as GSR for CGL Monday Evening.

2. Minutes of last meeting approved

Minutes of the previous meeting held on 6th March were approved. Proposed by Peter, Seconded by Theresa.

3. Vacancies

It was noted that the following positions are available:

- YPLO (Young Persons Liaison Officer) – Gina voted into post, Proposed by Theresa, Seconded by Peter. Voting unanimous.
- Region Rep – one space available for Region Rep to join Vic and Ros.
- Health Liaison Officer. There was a discussion regarding this role being absorbed. GSRs to take back to Groups, and it was noted that this was discussed at Conference, outcome yet to be published.

4. Business to Discuss

- Questions for Conference - It was confirmed that there is a Post Conference online workshop on 21st May 7-8pm with the Conference Delegates.
- Ros R and Nick P provided the meeting with the summary of this year’s LNKIG convention which was held at Chislehurst Caves on 23 March 2024. Around 90 people attended. Full financial report will be submitted at the next meeting. Current Committee is Ros, Vic (Treasurer) and Nick, with support from within the Fellowship. The 2025 Convention will now be organised, new committee members welcome.
- Workshop Sessions – The October Workshop is set to go ahead again this year. Vic advised that East Kent Intergroup are suggesting a link up for some workshop sessions on a 6 monthly basis, which was considered to be a good idea. GSRs to ask Groups for feedback on what topics would be welcomed.
- WhatsApp Group – Peter proposed that a second group be set up for “informal LNKIG” use. This was agreed by vote.

- Venue for LNKIG meetings – it was agreed that The Salvation Army venue should continue to be used for future meetings.

5. Officer reports

Chair

Nothing to report this time.

Vice Chair

Nothing to report this time.

Secretary

Nothing to report this time.

Treasurer

The treasurer's report for the period from 5 March 2024 to 28 April 2024 had been circulated in advance. Alan was not in attendance but the report advised that income for the period was £1050 with contributions as follows:

Gravel Road - £100

Beckenham Tuesday - £200

Keston Saturday - £100

Badgers Mount - £250

Bromley Saturday - £400

Expenses for the period totalled £20 for Bethlem Newcomers Packs.

The opening balance was £3577, and closing balance was £4607.

Health

Green Parks is going well, as is Pruh and Bracton.

PI

Vic reported that several 12 Step Referrals have been received from custody suites.

Employment

Nick P advised that the "awareness" pack had been mailed to a large list of 200 companies, which has resulted in some good engagement.

Region

Ros verbally reported that the last meeting for Region took place on 3rd March. The minutes have not yet been produced, but it was noted that vacancies for Health Liaison Officer, Probation Officer, Young Persons Liaison Officer and an Alternate Conference Delegate still exist.

Telephones (TLO)

Steady stream of volunteers however the shifts are still a struggle to cover. When volunteers are trained, they either then don't offer service or are unavailable for the shifts LNKIG covers.

Team Leaders are in very short supply. We now only have one Team Leader for LNKIG and if the shift has no Team Leader it cannot be covered. The next Team Leader training is on 26th May, and once members have completed 22 shifts they are able to do the TL training. Please spread the work on this.

Electronic Communications Liaison Office (ECLO)

Rob reported that the Microsite is now up to date with all current information to date. Positive feedback from members. Open to suggestions for additional content from members subject to it being compliant with the AA guidelines for microsite content. All feedback welcome.

Share Magazine

Ian circulated more Share Subscription forms on behalf of Frank.

For individual GSR updates on the status of various groups, please see appendix.

6. AOB

- Jacky asked whether the Intergroup Meeting could be a Hybrid meeting. It was acknowledged that this can be difficult, but can be explored and voted on at the next meeting.

The date of the next meeting, to be held at The Salvation Army is July 3rd 2024 at 8p..

Meeting closed with the Serenity Prayer.

GSR Reports below:

Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	No	Update 1.5.24: Very well attended meeting. Regular members, visitors from other groups and newcomers from Hayes Priory. Self-supporting with contributions to LNKIG. GSR has had to step down.
2	Sidcup into Action Thursday Night	Yes Ben H	Update 1.5.24: Meeting going well with average 20-25 people. All service positions filled.
3	Keston Saturday Morning As Bill Sees It	Yes Peter M	Update 1.5.24: Still a vibrant meeting with newcomers and old hands. Contribution to IG. All positions filled.
4	Wednesday Lunchtime Bromley Big Book Discussion Gravel Road	Yes Dave N	Update 1.5.24: The group has changed its name to Bromley Big Book Study. We are working through the Big Book. A member reads and then shares back on the reading. Fully self supporting with regular contributions to Intergroup. All service positions filled. Solid core of regulars together with visitors and newcomers.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Ian	Update 1.5.24: This meeting is running with a core group of approximately 6 to 8 members with regular visitors and newcomers. The group usually has 10 to 20 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 – it is suggested to members that any contributions are either submitted direct to AA UK or via a members local face to face group. A member has donated the use of virtual zoom conference room for this meeting. The group has a lead Secretary/Host and several support Secretary/Hosts. Also this administrative team support the meetings by identifying members still willing to do online chairs. The group has experienced a number of recent severe Zoom bombing attacks. The group was informed that one attack was coordinated via a social media platform. We had upwards of 30 unwanted guests. The group has put in a number of new safe guarding procedures (by group conscience) however this

			may have made AA slightly less attractive to newcomers or late comers but where possible we try to explain the reasoning behind the groups safeguarding measures. The group plans to stay online for the foreseeable future.
7	Bexleyheath Came to Believe Saturday Morning	Yes Vic	Update 1.5.24: All service positions filled, lovely mix of newcomers and "older in sobriety" members
8	Beckenham Discussion Tuesday Night	?	No update 1.5.24 or 6.3.24. Previous update 10.1.24: All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	?	No recent reports. Does this still exist?
10	Sidcup Wednesday Night	Yes Ian G	Update 1.5.24: Meeting is well attended with a good mix. Financially sound and rent paid. Service positions filled.
11	Green St Green Sunday Lunchtime	Yes Graham	No update 1.5.24 or 6.3.24. Update 10.1.24: Meeting well attended and financially sound with service positions filled
12	Orpington Monday Night	Yes Alan	Update 1.5.24: Continues to be well attended and attracting newcomers. All service positions are filled and meeting is financially stable.
13	Bromley Methodist Church Wednesday Night	?	No recent reports
14	Bromley Stepping Stones Tuesday Night	No Was Malcolm Mc	No update 1.5.24, 6.3.24 or 10.1.24. Previously stated that it was well attended. Service positions filled. Financially solvent.
15	Beckenham Wednesday	Yes Natasha	Update 1.5.24: Positions rotating and filled, grown steadily and all good.
16	Bromley Newcomers Burnt Ash Sunday Night	Yes Bill	Update 1.5.24: Very well attended. All service positions filled, solvent.
17	Sidcup Sunday Night	Yes Patricia M	No update 1.5.24 or 6.3.24. Update 10.1.24: Self supporting. All positions filled except for female greeter and literature secretary. The meeting is cosy is in a small room. The service members turn up regularly, but needs more attendees.
18	Bromley Saturday Lunch at Bromley Methodist	Yes Martin	Update 1.5.24: GSR now in place. All service positions filled and is well attended with regular contributions to Intergroup.
19	Petts Wood Principles of Recovery Monday	Yes Tracy T	Update 1.5.24: Very well attended. Positions rotated and filled.

	Night		
20	Bromley Friday Morning	Yes Jacky	Update 1.5.24: All positions filled, friendly group. All newcomers receive a copy of Alcoholics Anonymous (Big Book), and a gift of Share magazine.
21	Petts Wood Friday Night	Yes Anna	Update 1.5.24: GSR in place now. Very well attended. New Tea Person required.
22	Keston Monday Night Meditation	Yes Sian	Update 1.5.24: All key service positions filled. Good attendance.
23	Thursday Night Hayes Step	Yes Annie	Update 1.5.24: All positions filled, good attendance, steady turnout of 12-20 a week, funds good.
24	Wednesday Bromley Common Chip Lunchtime	Yes Rob T	Update 1.5.24: Good attendance from regulars and newcomers. Self Supporting financially. Chair Finder position vacant. Currently being shared by members of the service committee.
25	Saturday Night Wellington Road Orpington Candlelit Meeting	Yes Theresa	Update 1.5.24: Well attended meeting with all main service positions filled. Just started a joint platform with Al-Anon and this will be a regular feature on the last Saturday of the month for the next 3 months. Self sufficient
26	Tuesday Night - Dartford	Yes Nick P	Update 1.5.24: Financially viable, good attendance, most service positions filled.
27	Thursday Beckenham Lunchtime	Yes Sue	Update 1.5.24: Looking for a permanent literature person. Well attended and solvent.
28	Friday Night Eden Park, Beckenham	Yes Gemma	No update for 1.5.24 or 6.3.24. Update 10.1.24: Well attended, working towards prudent reserve, all positions filled, carry the AA message.
29	Bromley Monday Lunch at Salvation Army	Yes Francis	No update 6.3.24. Update 10.1.24: All positions filled. Going well.
30	Welling Wednesday	Yes Peter BG	Update 1.5.24: The meeting is ticking over, all service positions filled. Self-supporting.
31	Bromley CGL Monday Evening	Yes Warren	Update 1.5.24: Now in permanent new venue on Farwig Lane. Good attendance, key positions filled. Solvent.
32	Keep it Simple Chislehurst Thursday Evening	Yes Al	Update 1.5.24: New meeting started 14 th March. Fully self supporting and all service positions have been filled.
33	Bethlem Thursday Night	Yes Claire C	Update 1.5.24: All positions are filled and good stream of patients attending. Some patients with escorts attend on a regular basis. The meeting along with their hospital treatment is a stepping stone.
34	Bethlem Online Sunday	Yes Claire C	Update 1.5.24: Small group of core members. A few newcomers join occasionally
35	Keston Wednesday	Yes	Update 1.5.24: Strong group, well attended. All

	6pm	Peter	positions filled. Attracting newcomers plus regular attendees from The Priory.
36	Swanley Wednesday	?	
37	Welling Monday	?	
38	Thamesmead Tuesday	?	
39	Dartford Monday	?	
40	Dartford Wednesday	?	
41	Dartford Saturday	?	
42	Dartford Sunday	?	
43	Erith Sunday	?	
43	Sidcup Tuesday	?	
44	Bexleyheath Friday	?	
45	Keston Women Sunday		New meeting at 5pm